## **Student Activities Committee**

## **Student Activities Committee Minutes**

**September 15, 2022** 

The primary purpose for the September 2022 Student Activities Committee (SAC) meeting was to discuss the status of Mental Health First Aid training and potential topics of focus for this school year.

The history of SAC was discussed. This included an update on the committee's focus from last year on Mental Health First Aid training. On September 6<sup>th</sup>, one hundred sixty-nine BV staff composed of head coaches and sponsors were trained on Mental Health First Aid training. Three of those trained came to share their experience, how it impacted them, and that they have since utilized the training.

Information regarding the updates enabled by Bond 2020 were shared.

Small groups then brainstormed topics for the committee's consideration for 2022-23. Each group shared the results of their small-group discussion.

Administrators provided athletic and activity updates for the high schools and middle schools followed by an update from Blue Valley Recreation.

Next Meeting Thursday, October 20, 2022 7:30-8:30 am